



TIGERSHARKS TIMES

CHAMPS!

UPCOMING EVENTS

CHAMPS!!	July 18 th
Awards Party	July 19 th

CONGRATS RECORD BREAKERS!

Natalie Miner
13-14G 100free

Timothy McClanahan
13-14B 50back

13-14G Free Relay
Miner/DeClouette/Hanks
/Morgan



CHAMPS SPIRIT!

Champs isn't just another meet – every team displays their team colors with pride. **How will YOU show your TigerShark stripes on Saturday?** Some ideas:

Decorate your Age Group Tent in full orange and black

Braids with orange and black ribbons

“War Paint” orange and black stripes

Orange and Black nailpolish

Posters

Orange and Black pom poms

Come up with your own creative ideas with your fellow swimmers! We can't wait to see everyone's orange and black Saturday morning – Gooo Tigersharks!

The final meet of the season is upon us! VFCAL Champs is this Saturday, July 18th at the Antelope Aquatic Center. Check in is by 7am.

Champs, is a very long meet as every team in the league is participating. Please expect to be at the pool until 7pm. If your families prepare accordingly, it can be a really fun day! This means bringing extra towels, lots of sunscreen, drinks, snacks, comforts of home such as blankets, pillows, games, etc. The Antelope Aquatic Center is within a few blocks of drug stores, grocery stores and gas stations should you forget anything.

This season, each team in the VFCAL is jointly running the meet, so every family needs to assist in volunteering to ensure a smooth day. Each team was assigned shifts for every element of the day and it is expected that every shift is filled. Our

team is lacking volunteers in the Snack Bar shifts. Please take a look at the Champs volunteer binder and review what time slots are remaining...if you can take a shift please do so. Volunteering and working Champs is essential for the TigerSharks participation. Many of us will be working multiple shifts throughout the day. The benefit is that it can make the time waiting to watch your swimmer compete go by faster!

Team spirit and positive attitudes always make Champs a memorable event and that conveys into the swimmers' times in the pool! See you Saturday!

IS YOUR 15-18 RETIRING?

Is this the final season for your 15-18 TigerShark? Retiring swimmers are recognized at Championships and it is important that we don't miss anyone. If your swimmer is off to college or a career and will be hanging up their TS suit, please take a moment to email jamieminer@yahoo.com by **Friday, July 17th** with the following information:

Name

Age group they started in

College or Career plans



END OF SEASON PARTY

Please join your fellow teammates, coaches and parents at the TigerSharks pool for celebration and recognition of each swimmers' effort for the 2009 swim season.

SUNDAY JULY 19TH – 6:00 – 8:30PM

Awards will begin at 6:00pm SHARP followed by Family Swim.

Dessert and beverages will be provided – please feel free to bring your beach chairs and a picnic meal for your family.

Information about Meet of Champions and the MOC practice schedule, 2010 Parent Board vacancies/volunteering will also be discussed briefly.

See you Sunday!

MEET OF CHAMPIONS – AUG 1-2, 2009

Meet of Champions is an all-star swim meet that brings together the top Recreational / Summer League Swimmers, from the greater Sacramento Valley Area. There are two ways to qualify for participation: meet the qualifying times or finish in the top ten at your league championships.

This year, Meet of Champs will be held at the Woodland Community Swim Center. There are splash fees that are to be paid per swimmer / relay team.

Coach Jason will contact all swimmers who qualify for Meet of Champions during the End of Season party or as soon as possible. Practices will be scheduled to begin soon after.

To read specific information and look up qualifying times, please visit the official site at www.meetofchampions.com

SPECIAL THANKS

The TigerSharks would like to give special thanks to all the families and area businesses that helped this season to make our season great.

Thank you to all the Age Group parents for keeping our swimmers organized...not ONE swimmer missed a race this season!

Thanks to all our timers for sometimes working both first and second halves when we needed you.

Awesome job to our Hospitality parents who didn't neglect any of our volunteers in making sure they had water and snacks throughout the day.

Thank you to our Set-Up parents for showing up early to set up the ez up tents, equipment and chairs – you guys did an awesome job!

A special thank you to Beth Essex and family for all of their seasons of volunteering. Beth has been running the TS Snack Bar for the past couple of years and prior to that, was offering up her time to work in any way she was able to. Even when she had good reason not to (having a baby), Beth was still at board meetings, working fireworks booths and on the pool deck every morning. The TigerSharks family will miss the Essex's as they start a new adventure in Colorado...no matter where you swim, you'll always have orange and black in your blood!

Thank you to the Thesell and Pagliaro families for donating goodies to the Snack Bar and Shark Shack each week. The team sincerely appreciates your extra effort to make the home meets even better!

Thanks to Noah's Bagel's on Madison/Hazel for donating bagels to the TS snack bar each meet.

Thank you to the parent board and chairpersons for working year-round to make sure that our season is organized and fun for the swimmers!

Thanks to ALL parents for volunteering your time. There seems to be so little time to give anymore, but each of you spend hours upon hours working tirelessly to make our swim season run efficiently all for the sake of your TigerSharks. At the end of the summer, when you reflect upon the season, we hope you all look forward to returning in 2010 with the same fervor.

Enjoy the rest of your summer and see you Spring 2010!